



**EXPERT IN:  
DOMESTIC  
VIOLENCE,  
SEXUAL ASSAULT,  
TRAUMA, AND  
HEALING**

## *CONTACT ME*

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I was "engaged"  
during the  
presentation  
because it was so  
"interactive."

"I really liked  
the presenter's  
style of  
teaching"



# **Dr. Christy Sim**

**Consulting & Training**



[WWW.DRCHRISTYSIM.COM](http://WWW.DRCHRISTYSIM.COM)

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*“Dr Sim’s advice and expertise is the reason I am healing from my experience of rape. She was the first person I had the “I need to talk, I think I’ve been raped” conversation with after it happened. I was blaming myself but she stopped, listened, and asked all the right questions in a way that never felt like she was disapproving of me.*

*Then she offered non-judgmental support while helping me find the control that was ripped so violently out of my hands. In the weeks that followed, I encountered a lot of judgement from a variety of professionals and friends. I am positive it would have been so much more difficult had I not first been given the solid foundation Dr. Sim started with... that it was not my fault and I got to choose how I responded. As a victim of rape, someone who has first-hand experience of Dr. Sim’s work, I highly recommend her to facilitate any training in the areas of Domestic Violence, Rape, and Trauma.*

*Dr. Sim is a rare find. She combines fact and science with a passion for advocating for client-centered trauma healing. This work is vital since many professionals still get it wrong - because they don’t know any better. I can never thank you enough Dr. Sim - your work heals and saves lives.”*  
*Anonymous Survivor of Sexual Assault*



**Dr. Christy Sim**  
[www.DrChristySim.com](http://www.DrChristySim.com)

## *Training*

Understanding the Science of Trauma and Healing: What is happening in the brain and body?

A Professional’s Guide to Taking Care of Yourself During Someone Else’s Crisis

Healing After Trauma: Mindfulness in Art, Writing, Body Movement, and Awareness Exercises

## *Consulting*

With experience in assessing and evaluating service programs, Dr. Sim can help your program reach maximum success in being survivor-centered and trauma-informed.